

Your Good Life

Life begins and ends with relationships.

We will ensure that the person we are helping has enough loving and caring relationships in their life. If they don't, we will do something to remedy it. This is not a quick fix. However, there is no substitute for heartfelt and freely given care and support nor for access to social capital.

Relationships are the foundations of inclusion and citizenship.

Our lives are enhanced and made secure through our contribution to others through our 'Associations'.

We will be active in securing opportunities for the people we help to participate in all the 'associations' of community life – work, leisure, sports, the arts, politics, mutual aid, volunteering. We feel that it is essential to direct resources at promoting interdependent communities. We are experienced "animateurs" who continue to learn and have a good knowledge of supporting people to contribute in their communities and, for example, have a good understanding Asset Based Community Development, the Time Banking movement, and many other initiatives.

We all need a place to live that we call Home.

Our intention is to always ensure the people we support strive to sustain or access their personal sanctuary, a place they call home - this, in our experience, a crucial building block to having a Good Life. A Home is not merely a place to rest your head, but should be somewhere where you feel relaxed, where your closest personal possessions reside, where you do not have to pretend or 'act' around others and when you close your door, you feel safe and secure.

Having enough resources to be able to make personal choices and take responsibility for those choices.

We all need to have some control over our lives and to be able to make choices which are personal to us and our ambitions. We will always enable you to make the choices which reflect your personal ambition, lifestyle, resources and the opinions people you love and cherish most.

Staying safe and secure

We believe that by directly supporting and empowering people to address the above areas, you will be safer and feel more secure.

To implement the above we will:

- Encourage you to develop and practice your creative thinking and problem-solving capabilities.
 - Becoming more skilled in thinking "outside the box" and in responding to what you really want and need in a bespoke way rather than to the menu of services of which you are aware, will ensure different and improved outcomes are delivered.
- Ensure you don't lose sight of the fact that you are a Leader.
 - Lots of people have got used to being clients and victims, neither responsible for nor in control of their lives. Wreaking a change in this will demand your vision, all your personal development and empowerment resources, and your team and 'movement' building abilities. Nurture the animateur in you! Don't just light a candle, be the light!
- And finally, a golden rule, when support planning, start with the community and save most of the money for things the community can't do (or can't do better).

We will strive to fulfill the promise of personalisation – focus upon the whole individual – Ask a Different Question – “What is your Good Life?”

To summarise, we will always check that you are dealing with relationships, financial security, opportunities to contribute, a place of my own, and safety and security.